

DTF Transfer Size Chart

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By shirt size (front print width)

Shirt size	Common print width	File sizes you can order (By Size)
Baby, 0 to 18 months (onesie)	4" to 6"	4" x 2", 4" x 4", 4" x 6", 5" x 3", 5" x 5", 6" x 4", 6" x 6"
Toddler, 2T to 5T	5" to 7"	5" x 3", 5" x 5", 6" x 4", 6" x 6", 7" x 7"
Youth, XS to XL	7" to 9"	7" x 7", 8" x 8", 9" x 9", 9" x 11"
Adult, S to XL	10" to 12"	10" x 10", 11" x 5", 11" x 9", 11" x 11", 12" x 14"
Adult, 2XL and up	12" to 14"	12" x 14", 14" x 4", 14" x 12"

By placement

Placement	Adult	Youth	Adult file sizes	Youth file sizes
Left chest logo	3.5" to 4"	2.5" to 3.5"	4" x 2", 4" x 4"	3" x 3"
Pocket	3" to 4"	About 3"	3" x 3", 4" x 2", 4" x 4"	3" x 3"
Full front	10" to 12"	7" to 9"	10" x 10", 11" x 5", 11" x 9", 11" x 11", 12" x 14"	7" x 7", 8" x 8", 9" x 9", 9" x 11"
Full back	11" to 13"	7" to 10"	11" x 5", 11" x 9", 11" x 11", 12" x 14"	7" x 7", 8" x 8", 9" x 9", 9" x 11", 10" x 10"
Upper back name strip	10" to 12" wide, 2" to 4" tall	8" to 10" wide, 2" to 4" tall	10" x 3", 12" x 3"	10" x 3"
Short sleeve	2.5" to 3.5"	2" to 2.5"	3" x 3"	2" x 2"
Long sleeve, down the arm	2.5" to 4" wide, 10" to 12" tall	-	3" x 10", 3" x 12"	-
Inside neck label	2" to 3"	1.5" to 2.5"	2" x 2", 3" x 3"	2" x 2"
Hoodie front	10" to 12"	-	10" x 10", 11" x 5", 11" x 9", 11" x 11", 12" x 14"	-
Tote bag	10" to 12"	Not used	10" x 10", 11" x 5", 11" x 9", 11" x 11"	-
Hat or cap front	3.5" to 5" wide, up to 2.5" tall	-	4" x 2"	-

File sizes are width x height, in inches. Each one matches a By Size option exactly, either way up (for example, 11" x 9" is our 9" x 11" option turned sideways). "Gang sheet" means none of our By Size options fits that shape.

Where to place it

- **Adult front:** put the top of the design 3 to 4 inches below the collar seam. A tall design may need to sit a little higher.
- **Youth front:** about 2 to 3 inches below the collar.
- **Back:** about 4 to 5 inches below the collar.
- **Left chest:** put the top of the logo 7 to 9 inches down from the left shoulder seam on adult shirts, and 4 to 6 inches on youth shirts. Shirts are cut differently, so treat these as starting points. Hold the transfer on the actual shirt and check it in a mirror before you press.
- **Centering:** fold the shirt in half lengthwise and press a light crease. That line is your center.

We print your file at the size you upload: make it the same width and height as the size you order. Files: PNG preferred; PDF, AI and PSD accepted; 300 DPI; transparent background required.